

WYS Swim Lessons 2022

****To register for WYS Lessons, please click on the [Lesson Registration tab](#) on the WYS website homepage****

Swim lessons are open for swimmers ages 4-16 on Monday, Wednesday, and Fridays for a half hour. The swim lessons are now named this year, so please read the description for each lesson before placing your child in a time. The lessons aim to teach the children different skills, starting with becoming comfortable in the water and moving toward swimming all four strokes independently.

Each session is 4 weeks long. The first session is June 27 to July 22
The second session is July 25 to August 19.

Price: \$225.00 per session

SWIM LEVELS:

PIKE: Ages 4-6

Maximum Capacity – 8 swimmers per lesson

Price: \$225.00 per session

This class is for children having little or no experience swimming independently. Children will work on basic paddling strokes and becoming comfortable in the water. Instructors will be in the water with swimmers.

EEL: Ages 4-6

Maximum Capacity – 8 swimmers per lesson

Price: \$225.00 per session

This class is for children who are able to paddle on their front and back independently, with minimal assistance and for children comfortable in the water. Children will work on strengthening their basic skills in the water and learn to use their arms and legs simultaneously. Instructors will be in the water with swimmers.

GUPPY: Ages 6-8

Maximum Capacity – 10 swimmers per lesson

Price: \$225.00 per session

This class is for children who are able to swim freestyle independently and this class will work on learning the basics of the other 3 strokes. Swimmers will learn rotary breathing in this class. This class may be taught length-wise of the pool for more distance. Instructors will be in the water with swimmers.

MINNOW: Ages 7-10

Maximum Capacity – 10 swimmers per lesson

Price: \$225.00 per session

This class is for children who know the skills for freestyle and the basics of the other 3 strokes. This class will work on techniques for the other three strokes. This class will be taught length-wise of the pool with lane lines. Instructors will be in the water to demonstrate and help perfect certain skills taught, but may not be in the water on an every-lesson basis.

FISH: Ages 7-16

Maximum Capacity – 12 swimmers per lesson

Price: \$225.00 per session

This class is for swimmers who are proficient in all 4 strokes and need some technique refinement, or proficient in freestyle, backstroke and breaststroke and need to work on some of the butterfly skills. Instructors will not be in the water, unless they are demonstrating certain techniques.

SHARK: Ages 7-16

Maximum Capacity – 12 swimmers per lesson

Price: \$225.00 per session

This class is for advanced swimmers to work on drills and specific techniques to increase the swimmers speed and endurance. Swimmers in this class are advanced in all 4 strokes. None of the strokes will be taught to swimmers. Instructors will not be in the water.

Below is a table of the times each lesson is being taught. There is a maximum capacity for each class, and it is very dangerous to all swimmers and instructors to go over capacity. Our goal as lifeguards is to keep it as safe for everyone as possible. Lessons are on a first come first serve basis.

| Time | Monday/Wednesday/Friday |
|---------------|--|
| 9:00-9:30am | SHARK Maximum Capacity – 12 swimmers per lesson |
| 9:30-10:00am | PIKE Maximum Capacity – 8 swimmers per lesson |
| 10:00-10:30am | EEL Maximum Capacity – 8 swimmers per lesson |
| 10:30-11:00am | INSTRUCTOR BREAK |
| 11:00-11:30am | MINNOW Maximum Capacity – 10 swimmers per lesson |
| 11:30-12:00pm | MINNOW Maximum Capacity – 10 swimmers per lesson |
| 12:00-12:30pm | FISH Maximum Capacity – 12 swimmers per lesson |
| 12:30-1:00pm | FISH Maximum Capacity – 12 swimmers per lesson |
| 1:00-1:30pm | GUPPY Maximum Capacity – 10 swimmers per lesson |